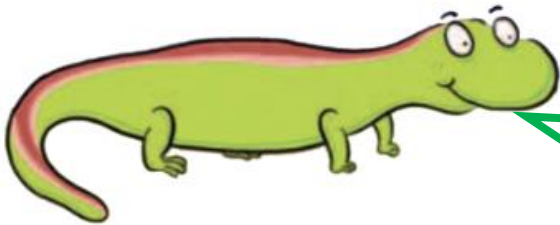
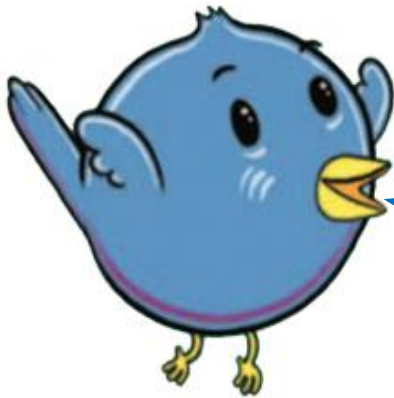
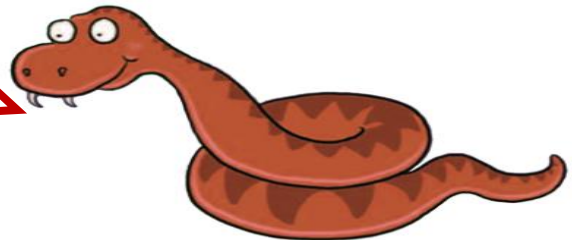


Once you have listened to or read "Sam's Sad Day" have a look at these questions the animals have got for you.



Why was my day so sad?  
Have you ever had a day when you felt sad?  
What can you do if you feel sad?

Can you remember what scared me?  
Have you ever felt scared?  
What can you do if you feel scared or worried?



Why is the heathland a special place?  
Do you have a special place you would like to visit when the virus has gone?

What happened to the heathland?  
Why do we have to be careful with bonfires, campfires and BBQs in the countryside and in the garden?

