



Freedom of Information Request FOI 20 13

First aid and mental health training

Query and response:

1. What First Aid Training and Mental Health Training, if any, do you provide to your staff?

First aid

All operational staff receive an initial 3 day course which covers all aspects of the standard first aid at work requirements, suggested by the HSE, and includes an emphasis on trauma and incidents specific to the fire and rescue service, such as chemical incidents. Operational staff also attend a 2 hour skills update session every 6 months.

On call crews also receive a refresher single day course every three years. This is part of their operational licence and is the individuals responsibility to maintain.

Corporate staff identified as requiring the training, and flexi duty officers, receive a single day emergency first aid at work qualification based around the HSE requirements. They also attend an annual two hour update and have a refresher day every 3 years.

Mental health

All members of staff are required to complete a mental health awareness eLearning course. We also run mental health awareness sessions at our management masterclasses, which are aimed at first line managers.

2. The current provider of First Aid Training and Mental Health Training to your staff and contract expiry date

First aid

Medical training is carried out in house by qualified instructors, who have a minimum qualification of FREC 3, and led by a HCPC Paramedic. All trainers meet the requirements set out by the HSE in document GEIS3(rev1).

Mental health

All of our training is carried out in house

3. The name of the person responsible at your organisation for First Aid Training and Mental Health Training

First aid

Ian Godwin, HCPC Paramedic, Casualty Care Trainer

Mental health

Vicky Read, Health & Wellbeing Manager

Date provided information/detail: 07, February 2020